

## CLOONEY

Guardian: Tina Kelly

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Breed: Greyhound

DOB: December 12, 2012

Gender: male (neutered)



**LIFESTYLE:** Clooney was born in Ireland.

He was a racer but retired after only 4 races

when he was 2.5 years old. He came to North America immediately after retiring and right into foster care with Tina (in September). He was adopted at the end of October but relinquished back into Tina's care 3 weeks later because the new family's cat didn't like him. (Tina doubts that this is the entire story.) He was adopted in January by a couple in New Brunswick. Tina drove him there from Cambridge. She didn't realize, but there was a great deal of stress in this household because of one of the adopter's PTSD. Clooney would growl at her. He also attacked and almost killed a female dog in the household (having never been violent with another animal before). Tina felt he was a "volcano ready to explode". After 3 weeks in this home, he came back into Tina's foster care. Tina and her husband, Eric, applied to and successfully adopted him.

Since this time, there has not been another instance of Clooney attacking an animal. (Clooney lives with four other greyhounds. Tina also boards greyhounds in their home.) Tina says, unlike some greyhounds, Clooney does not have prey drive and actually likes to play with small dogs.

Clooney's issues are now with people. He approaches from behind and, if not muzzled, would bite back of legs, buttocks, etc. Tina feels this is fear aggression. She is the only one that can touch him without him being muzzled. (To a lesser degree Eric can but Clooney does not trust him as much as he does Tina.) He does not like you in his space and prefers to approach you.

**DIET AND SUPPLEMENTS:** Clooney eats a raw diet. He gets 1000 mg of Omega 3 twice a day.

**ACTIVITY LEVEL:** Medium (free range in the backyard with the other dogs in his family); he has a burst of energy each day inside and goes crazy playing with a stuffed toy.

**MEDICAL HISTORY:** Clooney isn't on any medication.

He was experiencing coughing in the summer of 2016. The vet concluded it was allergies caused by an excessively dry summer. During examination, which involved chest x-rays, the vet noted some enlarged vessels in the upper chest which he believes indicates that, at some point in his life, Clooney had heartworm.

He has one ear which tends to need more frequent cleaning than the other. (Tina believes it is the left ear.) He has a large sebaceous cyst on his left shoulder.

**ALTERNATIVE HEALTHCARE:** Tina uses an aromatherapy pendant on Clooney's collar and uses calming oils such as lavender. He also has a "calming collar" which is used when Tina takes him into situations she knows may be stressful for him.

She works with a behaviourist. They feel that Clooney shut down on his arrival in Canada having been separated from his half sister to whom he was quite attached. He may have imprinted on Tina. Tina feels that Clooney has been worried about being sent to another home, but is now more sure he will be staying with her.

## CLOONEY

*February 20 @ 10:00 am*  
(first appointment)

**OBSERVATIONS:** Clooney met me at the door with the other dogs. Over the past couple of years, when I visit his home to offer massage to two of the other dogs (Ducati and Measure), he will often push through the other dogs to me and then kind of poke me as if to say “why are you here?” I don’t get the sense when he greets me that he is looking for pets like the other, but rather questioning my presence.

The photos show that he is well muscled; with a shiny coat. In looking at all of the photos I took I would say he has a preference to curve his spine to the right, but does not always stand this way. His tail has a bit of a curve to the right as well.

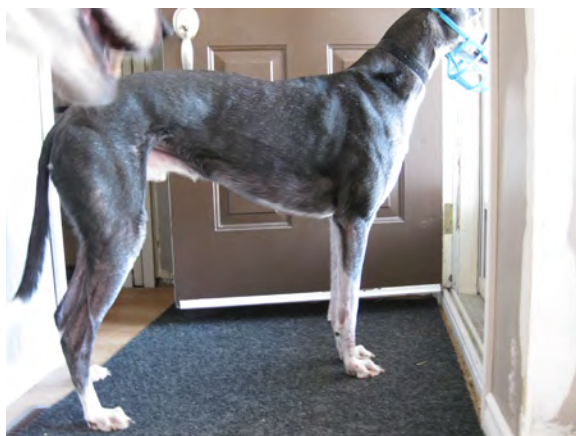
**PALPATION:** I did not palpate Clooney as it would have been stressful for him and, I believe, would have resulted in him not allowing the Bowen moves.

**STANCE:** Clooney has a solid stance with his weight nicely distributed as can be seen in the bottom photo to the right where he is distracted by something outside and not worrying about my presence.

**GAIT OBSERVATIONS:** I wondered if the video indicated a favouring of the right forelimb, but after watching the other dogs and remembering the weather – I believe Clooney’s gait was affected by the bumpy frozen ground. (You can observe Clooney’s gait in the video starting at the 36 second mark.)

**Link to video:** <https://vimeo.com/210353074> (password: Clooney)

**BOWEN TREATMENT:** Because of his issues with people and his personal space, I chose to start with Response 5 at the first appointment to see how Clooney responded to my touch and to the Bowen moves. I sat in a chair in Tina’s living room. She walked Clooney around the room in a circle guiding him lightly by his collar. She would walk him in front of me; stand on his right side as I offered the Bowen moves from the left. She would then walk him on, releasing him for the wait between moves to do whatever he wished. She did this for each move. In this way, I was not going into his space. And someone he trusts was bringing him into mine.



## CLOONEY *Response 5*

February 20 – cycle 1 (first appointment)

### MOVE 1: *longissimus dorsi*

I repeated this move 4 times to help him settle.

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. Went to his bed at the wait with “questioning eyes”.

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### MOVE 2: *trapezius, rhomboids, latissimus dorsi*

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. Clooney let out a “puff” at this wait.

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### MOVE 3: *longissimus dorsi*

I wondered if he would be okay with me working over top, but he didn’t seem too stressed.

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. He did repeated “puffing”; his eyes were watching me at the wait. Then he relaxed onto his side on his bed.

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### MOVE 4: *tensor fascia latae*

His head turned around as I worked on the right, but he did not seem stressed – just interested.

- |        |         |
|--------|---------|
| ● left | ● right |
|--------|---------|

**Wait time:** 3 minutes

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### MOVE 5: *coccygeus*.

- |        |  |
|--------|--|
| ● left | ● right (Feels more congested on the right.) |
|--------|--|

I did my best to remain calm and grounded; I moved slowly and allowed longer waits between moves. (The 3 minutes indicated here and throughout is an estimate.) We praised him with calm voices. At some waits he would choose to go to his safe zone standing under Tina with her legs straddling him. Occasionally, he would stand beside her with his head leaning on her looking up as if questioning her as to what was going on.

## CLOONEY *Response 5*

February 20 – cycle 2 (first appointment)

At the wait between cycles, Clooney seemed very relaxed and lay at Tina's feet. His eyes were softly closed.



### MOVE 1: *longissimus dorsi*

● left

● right

● left

● right (raised vertebra?)

**Wait time:** 3 minutes. He chose to lay down in the middle of the room (*see photo above*); relaxed and not needing to be so close to Tina.

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### MOVE 2: *trapezius, rhomboids, latissimus dorsi*

He stood on his own for this move with Tina's encouragement; she wasn't holding his collar.

● left

● right

● left

● right

**Wait time:** 3 minutes

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### MOVE 3: *longissimus dorsi*

Stood on his own again at Tina's side.

● left

● right

● left

● right

● left

● right

● left

● right

**Wait time:** 3 minutes. He chose to lay on a bed very near the chair where I was sitting at the wait. His head was curled toward me. He was very alert but had slow, relaxed breathing.

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### MOVE 4: *tensor fascia latae*

● left

● right

**Wait time:** 3 minutes

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### MOVE 5: *coccygeus*.

● left

● right

## CLOONEY

*February 24 @ 7:00 pm*  
(second appointment)

TINA'S OBSERVATION AFTER LAST APPOINTMENT: Clooney always sleeps very well, but he slept especially well on the night of his first Bowen treatment.

OBSERVATIONS: Clooney seemed relaxed today when he met me at the door along with the other dogs.

When I sat in the chair where we did Bowen last time, he came to me. He allowed me to stroke his sides with flat open palms. I moved slowly and went over his lats, upper limbs, and shoulders. He seemed okay with this and continued to stand in front of me so I petted the front of his chest and the space between his forelegs.

I noted he felt warm and Tina said that is his "normal" – that he tends to be warm. He then lay on the floor only about 2' away from me and watched me as I wrote notes.

I was going to offer Bowen to Clooney after the two other dogs in this household that I am using as case studies (as we did last time). But because Clooney approached me in such a positive way, I called to him to see if he would like to go first. He showed no interest, so I moved onto the floor to work with Measure.

As I was moving around Measure, Clooney growled and became stressed by my presence near him. I moved slowly but continued with Measure. Tina reprimanded Clooney. (He was free to move to a bed further from Measure and myself but chose not to. We always give him space to go where he needs to.)

At one point, he came up behind me and "bite" poked me with his muzzle. Tina reprimanded him and sent him to his bed in the corner.

At the end of the appointment when Tina and I were discussing why Clooney became so stressed when the night had started so well with him, Tina wondered if it was because I had patted the top of his head. I was totally unaware that I had done this and am wondering if in my enthusiasm at Clooney wanting to be touched, I over did it. I had kept my hands and arms open as I petted him so he could move away at any point, but am wondering if I should have petted him for a shorter period of time.

BOWEN TREATMENT: Proceeded with Response 5 for Clooney (after I had done Bowen with Measure and Ducati).

## **CLOONEY *Response 5***

February 24 – cycle 1 (second appointment)

### **MOVE 1:** *longissimus dorsi*

Clooney did a stress yawn.

● left

● right

● left

● right

**Wait time:** 3 minutes

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### **MOVE 2:** *trapezius, rhomboids, latissimus dorsi*

● left

● right

● left

● right

**Wait time:** 3 minutes

---

### **MOVE 3:** *longissimus dorsi*

● left

● right

● left

● right

● left

● right

● left

● right

**Wait time:** 3 minutes

---

### **MOVE 4:** *tensor fascia latae*

● left

● right

**Wait time:** 3 minutes

---

### **MOVE 5:** *coccygeus.*

● left

● right

Tina walked Clooney in a circle as she did at the previous appointment, and as she approached me he would switch to her other side to avoid me. She would need to guide him to me with his collar. We only did one cycle as Clooney seemed very stressed tonight.

## CLOONEY

*February 28 @ 7:00 pm*  
(third appointment)

TINA'S OBSERVATION AFTER PREVIOUS APPOINTMENT: Tina noted no changes.

OBSERVATIONS: Tina was boarding 3 other greyhounds so it was a very full house at this appointment. One of the boarded dogs knows me (I have massaged him on occasion) so he was eager to meet me at the door. For this reason it was difficult for me to get a good read on Clooney's response to my arrival tonight.

BOWEN TREATMENT: At this appointment, I did a Create 5 with Clooney.



*Tina took this photo after I left showing a relaxed Clooney. She posted it to Facebook with the comment "Bowen Treatment #3. Much progress for Mr. Clooney. XO"*

## CLOONEY *Create 5*

February 28 – cycle 1 (third appointment)

### MOVE 1: *longissimus dorsi*

Noticing how little slack there is.

● left

● right

● left

● right

**Wait time:** 3 minutes. Clooney did a full body shake.

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### MOVE 2: *trapezius, rhomboids, latissimus dorsi*

● left

● right

● left

● right

**Wait time:** 3 minutes

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### MOVE 10: *longissimus dorsi*

● left

● right

● left

● right

● left

● right

● left

● right

**Wait time:** 3 minutes

---

### MOVE 12: *rectus capitus dorsalis*

Clooney seemed intrigued by this move. He didn't move away as soon as I was done.

He paused and looked at me after the move.

● left

● right

**Wait time:** 3 minutes. At the wait, he didn't need to be fully under Tina in his "safe space". He just tucked his head under her.

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### MOVE 13: *trapezius, rectus capitus lateralis*

● left

● right (Sensed him letting go and accepting.)

## CLOONEY *Create 5*

February 28 – cycle 2 (third appointment)

### MOVE 1: *longissimus dorsi*

Again, noticing how little slack there is.

● left

● right

● left

● right

Wait time: 3 minutes

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### MOVE 2: *trapezius, rhomboids, latissimus dorsi*

● left

● right

● left

● right

Wait time: 3 minutes. Came up to me after this move with a gentle muzzle touch (not a poke). Did a good full body shake.

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### MOVE 10: *longissimus dorsi*

● left

● right

● left

● right

● left

● right

● left

● right

Wait time: 3 minutes

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### MOVE 12: *rectus capitus dorsalis*

● left

● right

Wait time: 3 minutes. A very positive reaction! After this move, Clooney came to me and stood in front of me wanting touch. I placed the open palms of my hands one on either side of his rib cage so he could chose when to leave. He stood there for a bit seeming to enjoy the connection.

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### MOVE 13: *trapezius, rectus capitus lateralis*

I chose not to do this move wanting to end the appointment on a good note for Clooney.

○ left

○ right

## CLOONEY

*March 6 @ 2:00 pm*  
(final appointment)

OBSERVATIONS: When I arrived today, he chose not to greet me at the door. He kept going to his “safe space” with Tina.

Tina and I went outside with all five of her dogs so I could observe and take video. Clooney was running playfully around the yard. In this video you can hear Tina mentioning this.

### ***Link to videos:***

*<https://vimeo.com/210336196> (password: Clooney)*

Clooney was also playful today when we went back inside, attempting to play with his stuffed toy (despite having his muzzle on). Tina also confirmed that he rarely plays when people are in the house.

I am hoping this is the result of the Bowen and having built some trust with him. But I am also taking note of the fact that today’s appointment is in the afternoon and the others were evening appointments. He may tend to be more playful this time of day. However, based on Tina’s comments it does seem like progress in terms of his level of comfort with people in his space.

This video shows Clooney walking and I don’t believe he is favouring his right forelimb.

***Link to videos:*** *<https://vimeo.com/210341134>*  
(password: Clooney)

I did not observe any physical or mobility changes in Clooney.

BOWEN TREATMENT: I did the same Create 5 as at the previous appointment as Clooney seemed to respond well to it.



## CLOONEY *Create 5*

March 6 – cycle 1 (final appointment)



### **MOVE 1:** *longissimus dorsi*

Stood well for this.

- left
- right
- left
- right

**Wait time:** 3 minutes. Stood with Tina in his “safe space” for a bit and then lay down.

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### **MOVE 2:** *trapezius, rhomboids, latissimus dorsi*

Stood well for this.

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. Fully relaxed on his side in the middle of the room (*see photo above*).

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### **MOVE 10:** *longissimus dorsi*

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. Relaxed on his bed.

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### **MOVE 12:** *rectus capitus dorsalis*

- |        |         |
|--------|---------|
| ● left | ● right |
|--------|---------|

**Wait time:** 3 minutes. Relaxed on his bed.

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### **MOVE 13:** *trapezius, rectus capitus lateralis*

Stood well.

- |        |         |
|--------|---------|
| ● left | ● right |
|--------|---------|

Did a full body shake at the break between cycles. Again, he chose to stretch out in the middle of the room very relaxed.

## CLOONEY *Create 5*

March 6 – cycle 2 (final appointment)

### MOVE 1: *longissimus dorsi*

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. Just put his head in his “safe zone”.

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### MOVE 2: *trapezius, rhomboids, latissimus dorsi*

He really seemed to enjoy the moves on the right.

- |        |         |
|--------|---------|
| ● left | ● right |
| ● left | ● right |

**Wait time:** 3 minutes. Relaxed laying on his side in the centre of the room.

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### MOVE 10: *longissimus dorsi*

- |        |                                  |
|--------|----------------------------------|
| ● left | ● right                          |
| ● left | ● right                          |
| ● left | ● right                          |
| ● left | ● right (A gentle glance at me.) |

**Wait time:** 3 minutes. Full body shake.

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### MOVE 12: *rectus capitus dorsalis*

- |        |         |
|--------|---------|
| ● left | ● right |
|--------|---------|

**Wait time:** 3 minutes

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### MOVE 13: *trapezius, rectus capitus lateralis*

- |        |         |
|--------|---------|
| ● left | ● right |
|--------|---------|

## SUMMARY

I would say the breakthrough moment for me was at the third appointment with Move 12 and the fact that Clooney chose to come to me, connect, ask for – and seemingly enjoy – physical contact. His playing in my presence inside and running in play outside at the last appointment was also for me an indication that the Bowen experience was a positive one for Clooney.

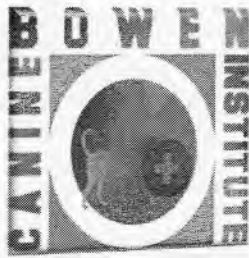
Tina observed and noted these changes. She was most surprised by his reaction to Move 12. I have a sense, however, that she will not proceed with Bowen for Clooney. If the improvements had been more significant... perhaps. But she is very cautious about bringing anything into Clooney's life that she feels will stress him.

Tina did post a video to Facebook after the final appointment: "5 minutes after Teresa left from his Bowen Treatment. Think he liked the release?!" (As mentioned previously, Clooney does have a play period, so I am not sure whether this can be attributed to the Bowen or not.)

***Link to video:*** <https://vimeo.com/210321259> (password: Clooney)

I intend to have a conversation with Tina when I am next at her home to massage Measure and Ducati, to see if she would consider more Bowen for Clooney. To be honest, with five greyhounds (3 of them seniors) – Tina has a lot of expenses. In addition to my massage services, she brings into her home an acupuncturist and a chiropractor for her seniors. So Bowen for Clooney may not be a priority at this time. But I would love to continue to work with him.

I did learn from this experience that speckled ears are found on Irish Greyhounds, but not on those bred in North America. Also, Clooney and other Irish Greyhounds have a topline that is distinct from North American Greyhounds.



I, Teresa Randall thank you for the opportunity to actively team up with your dog in a Rescue Response<sup>5</sup> Technique case study which will further enhance my studies on my way to becoming a Certified Rescue Responder through the Canine Bowen Institute.

Cloney will receive <sup>4</sup>3 sessions: <sup>every 3-5 days</sup>one a week for three weeks.



Rescue Response<sup>5</sup> Technique focuses on 5 specific "Moves" with the ability to restore mobility, vitality and health.

For more information on Animal Bowen please visit [animalvitalityplus.com](http://animalvitalityplus.com)

### What to expect:

After the first session you may find that Cloney may take a long nap.

The body is in rest and restore mode.

Typically the energy level is enhanced over the next few days.

You may see a reconnection to the family and a desire to attempt things that have not been attempted in some time.

You know your dog best and it will be easy for you to observe any changes.

Please note any changes.

Typically after the second session is when positive mobility changes begin.

It's all those little noted changes that lead to the restoration of the body i.e. like an ease of getting up, attempting to jump in the car or on furniture, ability to walk a farther distance, sitting in a more "normal" position and so on...

Unexpected things happen too! That's the beauty of Animal Bowen. You may note a calmer or more relaxed demeanor, fur can become shinier and softer, note these or any other findings!

After each session allow the dog to rest. Please refrain from brushing, bathing and long stroking for 24 hours after each session. This allows the Animal Bowen to settle into the body without interruption.

I agree to have Cloney receive Animal Bowen Therapy

Tina Kelly  
TINA KELLY  
(Signature)